



Breakfast and Lunch is Free to all students through the end of the school year.
This institution is an equal opportunity provider



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand. Milk Choice 1% White or 1% Chocolate Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pizza, Cheese **3**
 French Fries
 Peaches
 Milk

Walking Beef Taco **4**
 W/Salsa
 Corn/Black Bean Medley
 Mixed Fruit
 Milk

Chicken Patty on **5**
 Bun
 Seasoned Green Beans
 Tossed Romaine Salad
 Applesauce, Milk

Chicken Nuggets **6**
 W Roll
 Seasoned Carrots
 Blueberries
 Milk

Hamburger on Bun **7**
 Homemade Baked Bean
 Pears
 Milk

Brunch for Lunch **10**
 French Toast Sticks
 Sausage Patty
 Hash Brown Potato
 Juice Cup, Milk

Chili Cheese Coney **11**
 on Bun
 Seasoned Corn
 Mixed Fruit
 Milk

Grilled Cheese Sandwi**12**
 Tomato Soup W/Crackers
 Carrot Sticks
 Applesauce
 Milk

Chicken Fajita Wrap **13**
 Vegetable Fried Rice
 Fortune Cookie
 Seasoned Broccoli
 Orange, Milk

Cheeseburger on Bun **14**
 Homemade Baked Beans
 Pears
 Milk

No School Enjoy your **17**
 day off

Cheese Pizza **18**
 French Fries
 Mixed Fruit
 Milk

Chicken Nuggets **19**
 Mashed Potato W/Gravy
 Dinner Roll W/ Butter
 Seasoned Peas
 Applesauce, Milk

Mini Corn Dogs **20**
 Broccoli and Cheese
 Sauce
 Blueberries
 Milk

Chicken Patty on Bun **21**
 Seasoned Carrots
 Pears
 Milk

Soft Warm Pretzel **24**
 W/Cheese Sauce
 Yogurt Cup
 Carrot Sticks
 Peaches, Milk

Bosco Sticks W/Marin**25**
 Sauce
 Seasoned Green Beans
 Mixed Fruit
 Milk

Taco Meat & Cheese E**26**
 Wrap
 Black Bean/Corn Medley
 Applesauce
 Milk

Hamburger on Bun **27**
 Macaroni and Cheese
 Blueberries W/Topping
 Milk

Chicken Tenders **28**
 Warm Breadstick
 Tossed Romaine Salad
 Pears
 Milk

Cup of Chili W/Cracke**31**
 French Fries W/Cheese
 Sauce
 Dinner Roll
 Peaches, Milk

Questions or concerns-please
 call or email Darlene Parks at
 513-734-2271 ext 7190 or
 Darlene.parks@betheltate.org

Menu Subject to change due to
 food availability.
Entree choices:
Peanut Butter & Jelly Lunch Pack,
Sub Sandwich, Pizza, Salad.

You can pay for your children for any extras or snacks. Go to Betheltate.org, click find it fast, click on lunch menus. Stroll down to links to payschoolscentral.

Start your day with a healthy breakfast. All Students get free breakfast and lunch.

