

OCTOBER 2021 Bethel-Tate William Bick School-Go Tigers

LUNCH



Breakfast and Lunch is Free to all students through the end of the school year.

This institution is an equal opportunity provider.



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month? Milk choice: 1% White or Chocolate Milk



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



You can pay for your children on line for any extras or snacks. Go to www.betheltate.org, find it fast, lunch menu.

Questions or concerns-please call or email Darlene Parks at 513-734-2271 ext 7190 or Darlene.parks@betheltate.org

Menu Subject to change.

Entre choices:
Peanut Butter & Jelly Lunch Pack

Cheeseburger on Bun
Steamed Broccoli
Pears/Fruit
Milk **1**

Mini Corn Dogs
Seasoned Carrots
Strawberries/Fruit
Milk **4**

Walking Beef Taco W/Salsa
Seasoned Corn/Black Beans
Mixed Fruit/Fruit
Milk **5**

Chicken Nuggets /W Roll
Seasoned Corn
Applesauce/Fruit
Milk **6**

Cheese Pizza
French Fries
Peaches/Fruit
Milk **7**

Enjoy your day off!
No School **8**

Bosco Sticks/W Marinara
Sauce
Seasoned Broccoli
Blueberries
Milk **11**

Turkey, Ham & Cheese
Wrap
Seasoned Corn
Mixed Fruit/Fruit
Milk **12**

Chicken Patty on Bun
Homemade Baked Beans
Applesauce/Fruit
Milk **13**

Chicken Quesadilla /W Salsa
Seasoned Carrots
Peaches/Fruit
Milk **14**

Hamburger on Bun
Tater Tots
Pears/Fruit
Milk **15**

Brunch for Lunch
French Toast Sticks
Sausage Patty
Hash Browns
Juice Cup, Milk **18**

Chicken Nuggets /W Roll
& Butter
Seasoned Carrots
Applesauce/Fruit
Milk **19**

Spaghetti with Meat Sauce
& Cheese
Texas Toast
Seasoned Corn
Mixed Fruit, Milk **20**

Grilled Chicken on Bun
Seasoned Broccoli
Peaches/Fruit
Milk **21**

Cheeseburger on Bun
Homemade Baked Beans
Pears/Fruit
Milk **22**

Soft Warm Pretzel
W/Cheese
Yogurt Cup
Carrots
Pears/Fruit, Milk **25**

Hotdog on Bun
Macaroni & Cheese
Mixed Fruit /Fruit
Milk **26**

Grilled Cheese
French Fries
Applesauce/Fruit
Milk **27**

Cheese Pizza
Tossed Romaine Salad
Peaches/Fruit
Milk **28**

Hamburger on Bun
Homemade Baked Beans
Side Kick Slushy
Milk **29**