

OCTOBER 2021 Bethel-Tate Hill Intermediate School-Go Tigers

LUNCH



Breakfast and Lunch is Free to all students through the end of the school year.

This institution is an equal opportunity provider.



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month? Milk choice: 1% White or Chocolate Milk



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



You can pay for your children on line for any extras or snacks. Go to www.betheltate.org, find it fast, lunch menu.

Questions or concerns-please call or email Darlene Parks at 513-734-2271 ext 7190 or Darlene.parks@betheltate.org

Menu Subject to change.

Entre choices:
Peanut Butter & Jelly Lunch Pack

Cheeseburger on Bun
Steamed Broccoli
Pears
Milk **1**

Mini Corn Dogs
Seasoned Carrots
Strawberries
Milk **4**

Walking Beef Taco W/Salsa
Seasoned Corn/Black Beans
Mixed Fruit
Milk **5**

Chicken Nuggets /W Roll
Seasoned Corn
Applesauce
Milk **6**

Cheese Pizza
French Fries
Peaches
Milk **7**

Enjoy your day off!
No School **8**

Bosco Sticks/W Marinara
Sauce
Seasoned Broccoli
Peach
Milk **11**

Turkey, Ham & Cheese
Wrap
Seasoned Corn
Mixed Fruit
Milk **12**

Chicken Patty on Bun
Homemade Baked Beans
Applesauce
Milk **13**

Chicken Quesadilla /W Salsa
Seasoned Carrots
Blueberries
Milk **14**

Hamburger on Bun
Tater Tots
Pears
Milk **15**

Brunch for Lunch
French Toast Sticks
Sausage Patty
Hash Browns
Juice Cup, Milk **18**

Chicken Nuggets /W Roll
& Butter
Seasoned Carrots
Applesauce
Milk **19**

Spaghetti with Meat Sauce
& Cheese
Texas Toast
Seasoned Corn
Mixed Fruit, Milk **20**

Grilled Chicken on Bun
Seasoned Broccoli
Strawberries
Milk **21**

Cheeseburger on Bun
Homemade Baked Beans
Pears
Milk **22**

Soft Warm Pretzel
W/Cheese
Yogurt Cup
Carrots
Peaches, Milk **25**

Sloppy Joe on Bun
Macaroni & Cheese
Mixed Fruit
Milk **26**

Grilled Cheese
French Fries
Applesauce
Milk **27**

Cheese Pizza
Tossed Romaine Salad
Strawberries
Milk **28**

Hamburger on Bun
Homemade Baked Beans
Side Kick Slushy
Milk **29**