

OCTOBER 2021

Bethel-Tate Schools-Go Tigers

BREAKFAST



Breakfast and Lunch is Free to all students through the end of the school year. This institution is an equal opportunity provider



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal! Milk Choices: 1% White or Chocolate Milk



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Questions or Concerns-please call or email Darlene Parks at 513-734-2271 ext 7190 or Darlene.parks@betheltate.org

Cereal Bar
Applesauce
Milk

1

Pop Tart
Graham Cracker
Pears
Milk

4

Donuts
Peaches
Milk

5

Mini Pancakes
Fruit
Milk

6

Mini Cinnis
Mixed Fruit
Milk

7

No School Enjoy your day off!

8

Pop Tart
Graham Cracker
Pears
Milk

11

Donuts
Peaches
Milk

12

Mini Pancakes
Fruit
Milk

13

Mini Cinnis
Mixed Fruit
Milk

14

Cereal Bar
Applesauce
Milk

15

Pop Tart
Graham Cracker
Pears
Milk

18

Donuts
Peaches
Milk

19

Mini Pancakes
Fruit
Milk

20

Mini Cinnis
Mixed Fruit
Milk

21

Cereal Bar
Applesauce
Milk

22

Pop Tart
Graham Cracker
Pears
Milk

25

Donuts
Peaches
Milk

26

Mini Pancakes
Fruit
Milk

27

Mini Cinnis
Mixed Fruit
Milk

28

Cereal Bar
Applesauce
Milk

29