

NOVEMBER 2021

Bethel-Tate Middle School-Go Tigers

LUNCH



Breakfast and Lunch is Free to all students through the end of the school year.

This institution is an equal opportunity provider



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich. Milk Choice: 1% white or chocolate milk

MONDAY

Chicken Nuggets W/Roll 1
Seasoned Peas
Peaches
Milk

Bosco Sticks W/Marinara Sauce 8
Seasoned Carrots
Peaches
Milk

Soft Warm Pretzels W/Cheese 15
Yogurt Cup
Carrots
Peaches, Milk

No School 22
Enjoy your day off!

Cheeseburger on Bun 29
French Fries
Peaches
Milk

TUESDAY

No School 2
Enjoy your day off!

Nacho Cheese Haystack 9
Taco Beef, Cheese & Corn
Seasoned Broccoli
Mixed Fruit
Milk

Thanksgiving Meal 16
Roasted Turkey, Stuffing,
Mashed Potatoes W/Gravy,
Roll, Seasoned Green Beans
Pumpkin Pie, Applesauce
Milk

No School 23
Enjoy your day off!

Grilled Cheese 30
Tomato Soup
W/Crackers
Carrot Sticks
Mixed Fruit, Milk

WEDNESDAY

Beef Burrito Taco Wrap 3
W/Cheese
Refried Beans
Applesauce
Milk

Mini Corn Dogs 10
Seasoned Corn
Applesauce
Milk

Cheese Coney on Bun 17
W/Cheese
Seasoned Corn,
Refried Beans
Mixed Fruit, Milk

No School 24
Enjoy your day off!

Menu Subject to Change
Entrée Choice:
Fun Bunch Peanut Butter & Jelly Lunch Pack



THURSDAY

Chef Boyardee 4
W/Breadstick
Seasoned Corn
Mixed Fruit
Milk

Pizza, Cheese 11
Tator Tots
Strawberries
Milk

Chicken Strips W/ Breadstick 18
Seasoned Broccoli
Applesauce
Milk

Happy Thanksgiving Day 25

FRIDAY

Cheese Burger on Bun 5
French Fries
Pears
Milk

Chicken Patty on Bun 12
Homemade Baked Beans
Pears
Milk

Hamburger on Bun 19
French Fries
Pears
Milk

No School 26
Enjoy your day off!



Questions or Concerns-Please call or email Darlene Parks at 513-734-2271 or Darlene.parks@betheltate.org