

NOVEMBER 2021

Bethel-Tate High School-Go Tigers

LUNCH



Breakfast and Lunch is Free to all students through the end of the school year.

This institution is an equal opportunity provider



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich. Milk Choice: 1% white or chocolate milk

MONDAY

Chicken Nuggets
W/Roll
Seasoned Peas
Peaches
Milk

1

TUESDAY

No School
Enjoy your day off!

2

WEDNESDAY

Beef Burrito Taco Wraps
W/Cheese
Refried Beans
Applesauce
Milk

3

THURSDAY

Chef Boyardee
W/Breadstick
Seasoned Corn
Mixed Fruit
Milk

4

FRIDAY

Cheese Burger on Bun
French Fries
Pears
Milk

5

Bosco Sticks W/Marinara
Sauce
Seasoned Carrots
Peaches
Milk

8

Nacho Cheese Haystack
Taco Beef, Cheese & Corn
Seasoned Broccoli
Mixed Fruit
Milk

9

Mini Corn Dogs
Seasoned Corn
Applesauce
Milk

10

Pizza, Cheese
Tator Tots
Strawberries
Milk

11

Chicken Patty on Bun
Homemade Baked Beans
Pears
Milk

12

Soft Warm Pretzels
W/Cheese
Yogurt Cup
Carrots
Peaches, Milk

15

Thanksgiving Meal
Roasted Turkey, Stuffing,
Mashed Potatoes W/Gravy,
Roll, Seasoned Green Beans
Pumpkin Pie, Applesauce
Milk

16

Cheese Coney on Bun
W/Cheese
Seasoned Corn,
Refried Beans
Mixed Fruit, Milk

17

Chicken Strips W/
Breadstick
Seasoned Broccoli
Applesauce
Milk

18

Hamburger on Bun
French Fries
Pears
Milk

19

No School
Enjoy your day off!

22

No School
Enjoy your day off!

23

No School
Enjoy your day off!

24

Happy Thanksgiving Day

25

No School
Enjoy your day off!

26

Cheeseburger on
Bun
French Fries
Peaches
Milk

29

Grilled Cheese
Tomato Soup
W/Crackers
Carrot Sticks
Mixed Fruit, Milk

30

Menu Subject to Change

Entrée Choices: Pizza or
Peanut Butter & Jelly Sandwich



Questions or Concerns please call
or email Darlene Parks at 513-734-
2271 or
Darlene.parks@betheltate.org

