



Breakfast and Lunch is free to all students until the end of the school year.

This institution is an equal opportunity provider



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety. FF Chocolate or 1% White Milk

Monday

Chicken Quesadilla
W/Marinara Sauce
Seasoned Broccoli
Peaches/Fruit
Milk **3**

Tuesday

Chicken Nuggets
W/Breadstick
Season Carrots
Mixed Fruit
Milk **4**

Wednesday

Chicken Fajita Wrap
Vegetable Fried Rice
Fortune Cookie
Sidekick Slushy
Milk **5**

Thursday

Cheese Pizza
French Fries
Strawberries/Fruit
Milk **6**

Friday

Hamburger on Bun
Homemade Baked Beans
Pears/Fruit
Milk **7**

Soft Warm Pretzels W/Cheese
Carrot Sticks
Yogurt Cup
Peaches
Milk **10**

Walking Beef Taco W/Cheese
Seasoned Corn
Sidekick Slushy
Milk **11**

Mini Corn Dogs
Homemade Baked Beans
Applesauce/Fruit
Milk **12**

Stuffed Crust Pizza
Tossed Romaine Salad
Strawberries W/Topping
Milk **13**

Chicken Patty on Bun
Potato Rounds
Pears/Fruit
Milk **14**

Meatball Sub W/Cheese
Seasoned Broccoli
Peaches/Fruit
Milk **17**

Brunch for Lunch
French Toast Sticks
Sausage Patty
Hash Brown Potato
Juice Cup
Milk **18**

Chicken Tenders W/Dinner
Seasoned Corn
Applesauce/Fruit
Milk **19**

Bosco Sticks W/Marinara
Homemade Baked Beans
Sidekick Slushy
Milk **20**

Cheese Pizza
Seasoned Carrots
Pears/Fruit
Milk **21**

Chicken Nuggets W/Breadsticks
Mashed Potatoes
Peaches/Fruit
Milk **24**

Chili Cheese Coney on Bun
Seasoned Corn
Applesauce/Fruit
Cookie, Milk **25**

Cheeseburger on Bun
French Fries
Sidekick slushy
Milk **26**

Enjoy your Summer Break **27**

Enjoy your Summer Break **28**

Memorial Day **31**

Remember to fill out a Free and Reduced Application for each year. Go to Bethel-tate.org, go to find it fast, then lunch menus.

Questions or concerns- please call or email Darlene Parks at 513-734-2271 ext 7190 or Darlene.parks@betheltate.org

