

May 2021

Bethel-Tate William Bick School-Go Tigers

LUNCH



Breakfast and Lunch is free to all students until the end of the school year.

Daily Entrée Choice: PBJ Lunch Pack

This institution is an equal opportunity provider



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety. FF Chocolate or 1% White Milk

Monday

Chicken Quesadilla
W/Marinara Sauce
Seasoned Broccoli
Peaches/Fruit
Milk **3**

Tuesday

Chicken Nuggets
W/Breadstick
Seasoned Carrots
Mixed Fruit
Milk **4**

Wednesday

Cheese Pizza
French Fries
Strawberries/Fruit
Milk **5**

Thursday

Popcorn Chicken
W/Dinner Roll
Seasoned Green Beans
Fortune Cookie
Sidekick Slushy, Milk **6**

Friday

Hamburger on Bun
Homemade Baked Beans
Pears/Fruit
Milk **7**

Soft Warm Pretzels W/Cheese
Carrot Sticks
Yogurt Cup
Peaches
Milk **10**

Chicken Tenders W/Breadsticks
Seasoned Corn
Sidekick Slushy
Milk **11**

Mini Corn Dogs
Homemade Baked Beans
Applesauce/Fruit
Milk **12**

Stuffed Crust Pizza
Tossed Romaine Salad
Strawberries W/Topping
Milk **13**

Chicken Patty on Bun
Potato Rounds
Pears/Fruit
Milk **14**

Bosco Sticks W/Marinara
Homemade Baked Beans
Peaches/Fruit
Milk **17**

Egg, Sausage and Cheese
Bun
Hash Brown Potato
Juice Cup
Milk **18**

Chicken Tenders W/Dinner
Seasoned Corn
Applesauce/Fruit
Milk **19**

Turkey and Cheese Sub
Seasoned Broccoli
Sidekick Slushy
Milk **20**

Cheese Pizza
Seasoned Carrots
Pears/Fruit
Milk **21**

Chicken Nuggets W/Breadsticks
Mashed Potatoes
Peaches/Fruit
Milk **24**

Cheeseburger on Bun
French Fries
Sidekick Slushy
Milk **25**

Hot Dog on Bun
Goldfish Crackers
Fruit Cup/Fruit
Milk **26**

Enjoy your Summer Break **27**

Enjoy your Summer Break **28**

Memorial Day **31**

Remember to fill out a Free and Reduced Application for each year at Betheltate.org, under find it fast, lunch menus

Questions or concerns- please call or email Darlene Parks at 513-734-2271 ext 7190 or Darlene.parks@betheltate.org

