



Lunch is free until May 31<sup>st</sup> 2020

This Institution is an equal opportunity provider



**Nutrition Tip:** Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand. Milk Choices: FF Chocolate, 1% White.

Reference: Eat Right

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Questions or concerns-Please call or email Darlene Parks at 513-734-2271 ext 7190 or Darlene.parks@betheltate.org

You can pay for your children online. Go to [betheltate.org](http://betheltate.org), Find it Fast, go to Lunch Menus

Daily Choice:  
Peanut Butter & Jelly Pack

FYI: You are required to fill out a new application for the lunch program each year. You can apply online

Enjoy your day off ☺ **1**

Chicken Nuggets W/Breads **4**  
Seasoned Broccoli  
Peaches/Fruit  
Milk

Hamburger on Bun **5**  
Seasoned Corn  
Mixed Fruit/Fruit  
Milk

Mini Corn Dogs **6**  
French Fries  
Strawberries/Fruit  
Milk

Cheese Pizza **7**  
Seasoned Carrots  
Orange/Fruit  
Milk

Chicken Patty on Bun **8**  
Homemade Baked Beans  
Pears/Fruit  
Milk

Soft Warm Pretzel W/Cheese Sauce **11**  
Yogurt  
Seasoned Carrots  
Peaches, Milk

Chicken Tenders W/Breads **12**  
Seasoned Corn  
Mixed Fruit/Fruit  
Milk

Hot Ham and Cheese Sand **13**  
Mashed Potatoes  
Applesauce/Fruit  
Milk

Bosco Sticks **14**  
Tossed Romaine Salad  
Strawberries/Fruit  
Milk

Hamburger on Bun **15**  
Homemade Baked Beans  
Pears/Fruit  
Milk

No School **18**  
Enjoy your day off

Chicken Nuggets W/Breads **19**  
Seasoned Broccoli  
Mixed Fruit/Fruit  
Milk

Nacho Cheese Haystack, T **20**  
Beef and Cheese & Chips  
Refried Beans  
Applesauce/Fruit  
Milk

Chicken Patty on Bun **21**  
Seasoned Carrots  
Strawberries/Fruit  
Milk

Cheeseburger on Bun **22**  
Potato Rounds  
Pears/Fruit  
Milk

Popcorn Chicken W/Breads **25**  
Homemade Baked Beans  
Peaches/Fruit  
Milk

Hot Dog on Bun **26**  
Macaroni and Cheese  
Mixed Fruit/Fruit  
Milk

Brunch for Lunch **27**  
French Toast Sticks  
Sausage Patty  
Hash Brown  
Orange Juice  
Milk

Stuff Crust Pizza **28**  
Tossed Romaine Salad  
Orange/Fruit  
Milk

Fish Shapes **29**  
French Fries  
Pears/Fruit  
Milk