



Lunch is free until May 31st 2020

This Institution is an equal opportunity provider



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand. Milk Choices: FF Chocolate, 1% White.

Reference: Eat Right

Monday

Tuesday

Wednesday

Thursday

Friday

Questions or concerns-Please call or email Darlene Parks at 513-734-2271 ext 7190 or Darlene.parks@betheltate.org

Chicken Nuggets W/Breads **4**
Seasoned Broccoli
Peaches/Fruit
Milk

Hamburger on Bun **5**
Seasoned Corn
Mixed Fruit/Fruit
Milk

Mini Corn Dogs **6**
French Fries
Strawberries/Fruit
Milk

Cheese Pizza **7**
Seasoned Carrots
Orange/Fruit
Milk

Chicken Patty on Bun **8**
Homemade Baked Beans
Pears/Fruit
Milk

Soft Warm Pretzel W/Cheese Sauce **11**
Yogurt
Seasoned Carrots
Peaches/Fruit
Milk

Chicken Tenders W Bread **12**
Seasoned Corn
Mixed Fruit/Fruit
Milk

Hot Ham & Cheese Sandwich **13**
Mashed Potatoes
Applesauce/Fruit
Milk

Bosco Sticks W/Marinara Sauce **14**
Tossed Romaine Salad
Strawberries/Fruit
Milk

Hamburger on Bun **15**
Homemade Baked Beans
Pears/Fruit
Milk

No School **18**
Enjoy your day off

Chicken Nuggets W/Breads **19**
Seasoned Broccoli
Mixed Fruit/Fruit
Milk

Nacho Cheese Haystack, T **20**
Beef and Cheese & Chips
Refried Beans
Applesauce/Fruit
Milk

Chicken Patty on Bun **21**
Seasoned Carrots
Strawberries/Fruit
Milk

Cheeseburger on Bun **22**
Potato Rounds
Pears/Fruit
Milk

Popcorn Chicken W/Breads **25**
Homemade Baked Beans
Peaches/Fruit
Milk

Hot Dog on Bun **26**
Macaroni and Cheese
Mixed Fruit/Fruit
Milk

Brunch for Lunch **27**
French Toast Sticks
Sausage Patty
Hash Brown
Orange Juice
Milk

Stuff Crust Pizza **28**
Tossed Romaine Salad
Orange/Fruit
Milk

Fish Shapes **29**
French Fries
Pears/Fruit
Milk